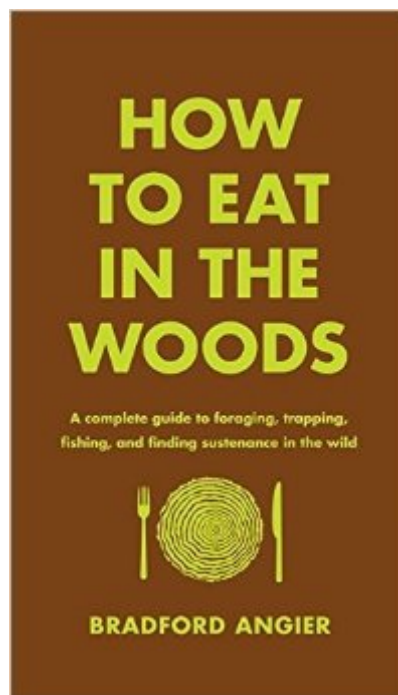


The book was found

How To Eat In The Woods: A Complete Guide To Foraging, Trapping, Fishing, And Finding Sustenance In The Wild



Synopsis

A comprehensive, practical, and reliable guide to finding food in the woods and living off the land, by respected wilderness survivalists. With text by wilderness survivalists, the information in *How to Eat in the Woods* is tried, trusted, and true. One of the most complete books written on the subject, this portable guide includes essential information on how to track, trap, kill, and prepare various types of animals; select bait, land fish, and clean and cook the catch; recognize edible plants, fruits, berries, and nuts; locate bird eggs; catch edible insects; and find potable water. Also included is information on building a fire and preparing food without utensils.

Book Information

Hardcover: 320 pages

Publisher: Black Dog & Leventhal; Unabridged edition (March 15, 2016)

Language: English

ISBN-10: 1631910124

ISBN-13: 978-1631910128

Product Dimensions: 5.5 x 1.2 x 9.4 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #60,226 in Books (See Top 100 in Books) #42 in [Books > Sports & Outdoors > Survival Skills](#) #49 in [Books > Sports & Outdoors > Hunting & Fishing > Fishing](#) #60 in [Books > Sports & Outdoors > Hunting & Fishing > Hunting](#)

Customer Reviews

Not an inmate, so I was able to order the book. I was mainly interested in foraging but there is a lot of useful information about hunting, fishing, and trapping as well. It even tells you what bugs you can eat. Once it gets cold again, I'm going to try the pine-needle tea.

I don't usually review products I buy, but I am compelled to review this one. This book is everything I hoped it would be! The design is fresh and direct, and the content is really valuable and easy to follow. I'd say this is a book you can definitely judge by its cover. BUY IT!

This book has wonderful pictures to help you guide yourself with finding vegetation that is safe and edible in the outdoors and much more about overall snares to catch game.

Will be put to good use, only drawback is no color photos

Unable to review. Corr Facility personnel refused book to inmate. May aid in escape!!

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